

CHEYENNE SPRINT TRIATHLON
Sun. 7/10/11
Curt Gowdy State Park-Cheyenne, WY.
www.cheyennesprinttriathlon.com

Each team member must complete this form and the medical form.
PLEASE PRINT NEATLY

First Name: _____ Last Name _____

Gender: Female ___ Male ___ Birth date: ___ / ___ / ___

Age as of **12/31/2011**: ___ (**Your age of Dec. 31, 2011 determines your age group**)

Address: _____

City/State/ZIP: _____

Day Phone: ___ - ___ - ___ Evening Phone: ___ - ___ - ___

Email: _____

Indicate your race category:

Age Group Triathlon ___ Age Group Sprint Swim Triathlon ___ Clydesdale/Athena ___
Sprint Duathlon ___ Relay Team ___ (Relay team info req'd below) Aquabike ___
(Clydesdale for males 200 pounds and up; Athena for females 150 pounds and up. 2 age groups
for Clydesdale/Athena and Aquabike events: 15-39 and 40 & above. No Clydesdale/Athena
divisions in the Aquabike event). Clydesdale & Athena's will be weighted at packet pick up.

Current USAT membership #: _____ **Exp.** ___ / ___ / ___

Your **current USAT card** and a **photo ID** are required at packet pick-up. If you do not have
your USAT card you will be required to purchase a one-day USAT pass for \$10.00. **NO
EXCEPTIONS.** Only competitors may pick up packets. All relay team members must pick up
their own packet. **A valid photo ID is required for all competitors at packet pick up.**
If you are not a USAT member then you must purchase a one day USAT pass at packet pick-up
and sign the waiver at the that time. Cash or check only accepted. **No credit cards accepted.**

USAT Membership/Waiver form

Adult(18 and over) USAT membership form can be downloaded at:

<https://membership.usatriathlon.org/ReturnBinary.aspx?Params=044849055f07020d56000000165>.

17 or under, USAT has a Youth membership that costs \$5.00 and is good for 1 year. This form
may be downloaded at:

<https://membership.usatriathlon.org/ReturnBinary.aspx?Params=044849055f07020d570000000166>

Have your own **ChampionChip**? If yes what is your chip # _____

Physically Challenged Athlete :(email Jim Mantell @ triguy1219@msn.com for entry info).

Relay Team-Each team member must complete the mail in registration. May be 2 or 3 per relay team.

Team Name: _____

Team Entry info: Coed _____, Male _____ or Female _____

Relay Team Swimmer Name: _____

Address: _____

USAT # (if applicable) _____ Exp. ____/____/____

Best phone number to contact: _____ DOB: _____

Email: _____ Age as of 12/31/11 _____

Relay Team Biker Name: _____

Address: _____

USAT # (if applicable) _____ Exp. ____/____/____

Best phone number to contact: _____ DOB: _____

Email: _____ Age as of 12/31/11: _____

Relay Team Runner Name: _____

Address: _____

USAT # (if applicable) _____ Exp. ____/____/____

Best phone number to contact: _____ DOB: _____

Email: _____ Age as of 12/31/11 _____

(Age of each individual relay member is as of Dec. 31. 2011)

Combined ages as of 12/31/2011 of all the relay team members: _____

Choice of breakfast burrito: w/Meat _____ Vegetarian _____

Please indicate how many of each type of meal you wish for your entire relay team. 3 breakfasts included with relay team entries.

Men's T-shirt size: S ___ M ___ L ___ XL ___ XXL ___

Women's T-shirt size: S ___ M ___ L ___ XL ___

Extra Meal Tickets will cost \$6.00 each. (Meal tickets will not be sold on race day. Extra meals must be ordered & paid for by July 5, 2011)

Please indicate the correct amounts and total included. Please submit team entries together.

Entry fees for triathlon, duathlon, aquabike if postmarked by 5/15/2011: \$50.00 for USAT members, \$60.00 for non USAT members, \$150 for relays, \$50 for F/T student and active duty military (Must show student ID or military ID at check-in). From 5/16-6/30/2011 entry fees are \$60.00 for USAT members, \$70 for non USAT members, \$165 for relays, & \$60 for F/T student & active duty military. After 6/30/2011, entry fees are \$70 for USAT members, \$80 for non-USAT members, \$195 for relays and \$70 for F/T student & active duty military.

Entry fee Included: _____ Is your required USAT 1 Day membership fee included in this amount, if your not an annual USAT member?
_____ (Y/N)

Extra Breakfast Burrito: _____ (\$6 each: Burrito w/Meat _____ or Vegetarian _____)

Total Enclosed: \$ _____

Make checks payable to: **Tri for the High, LLC**

Mail payment to: Jim Mantell
581 E. Idaho St.
Cheyenne, WY 82009
Day ph. 307-432-5370 Hm ph. 307-632-1663 Cph-307-221-5277
Email: triguy1219@msn.com

No race day registration. Last day to register is July 9, 2011 by 3pm. No guarantee on race garment or if you wait to register on July 9, 2011. **No refunds will be given, no exceptions.** However you will be allowed to transfer your spot to someone else thru July 5, 2011 for a \$10.00 transfer fee.(It is your responsibility to find someone to race in your spot). The person taking your spot will need to be a USAT member or purchase a one-day pass. Packet pick-up is Sat. July 9, 2010 from 1-3:45pm at the Ranger Station on Happy Jack Road just 1/4 mile west of the entrance to Curt Gowdy State park and on race day morning beginning at 6:15am. **It is highly recommended if you're a Non-USAT member that you pick up your packet on Sat 7/9/2011, as are required to completed the USAT forms.** Optional pre-race meeting on Sat. July 9 at 1:30 & 3pm at packet pickup at Ranger Station on Happy Jack Road, just 1/4 mile west of Curt Gowdy park entrance.

If for any reason the swim is cancelled due to safety or weather, this race will be held as a duathlon. For more specific race information, refer to www.CheyenneSprintTriathlon.com